

**FIT FOR IT - 2009/2010 Drop In Fitness Class Schedule
December 5th, 2009-March 30, 2010**

Time	Monday*
9-10 am	Battle Ready Boot Camp
Time	Tuesday
6-7 am	Power Circuit
Time	Wednesday
9-10 am	Dance to Fit -Aerobics
Time	Thursday
6-7 am	Battle Ready Boot Camp
Time	Friday*
9-10 am	Power Circuit

*Please check website before attending Monday, Friday or Saturday classes as they may have to be cancelled from time to time due to instructor or building unavailability.

Classes may be canceled due to incimate weather. Please check the website if you are in doubt when it snows.

Cost:

Drop In: \$3.50 per class

10x punch card: \$30.00

Unlimited Fall fitness Classes \$60.00

All classes held in the Auditorium that will not be heated so please wear a warm layer over your workout clothing.